

# Mr John Mills

Hip Arthroplasty - Direct Anterior Approach  
using POLARSTEM<sup>◊</sup> and R3<sup>◊</sup>

## **Reverse Visiting Surgeon Program (RVSP)**

Australia/New Zealand



Supporting healthcare professionals for over 150 years

## Visiting Surgeon Program

Mr John Mills

Subject to availability

### Description

Mr Mills is an experienced orthopaedic surgeon practicing in Hobart, Tasmania. After obtaining his Fellowship from the Royal Australasian College of Surgeons (FRACS) in 1988, Mr Mills travelled to the United Kingdom working at The Royal Sussex County Hospital in Brighton for 12 months. Following this, he returned to Hobart operating at the Royal Hobart Hospital, Calvary Hospital & Hobart Private Hospital.

His private practice is predominately focused on knee and hip arthroplasty with both primary and revision cases.

Mr Mills offers reverse VSPs where Mr Mills would visit Direct Anterior Approach Hip cases at the hospital where the VSP candidate operates.

### Learning Objectives

After participating in this program, participants will be able to:

- Select appropriate patients for the procedure and formulate a pre-operative plan
- Competently undertake and successfully complete the Direct Anterior Approach
- Select and use instrumentation correctly, exposing and closing the wound safely
- Plan operative steps and outline post-operative management

### Participant Profile

The ideal candidate for this VSP has a genuine interest in learning DAA with the Smith & Nephew range of Hip Arthroplasty products. The surgeon is ideally a qualified orthopaedic surgeon focusing on adult hip reconstruction that has already undertaken training in DAA and is ready to implement the approach in their practice and has a good comprehension of the English Language.

### Products and Technologies

The products used for Direct Anterior Hip Arthroplasty are R3° and POLARSTEM°

### Typical Agenda

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07:30 Meet at the Hospital

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Surgery 1

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Post-operative discussion

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Surgery 2

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Post-operative discussion and review

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Mr Mills departs

\* The number of surgeries depends on the daily surgery schedule. It is recommended that at least two cases are scheduled for Mr Mills to attend.

### Host Surgeon



**Mr John Mills**

Language: English

### Position

Consultant Orthopaedic Surgeon  
Calvary Hospital, Hobart

### Education / Training

- Fellow of the Royal Australasian College of Surgeons
- M.B.B.S University of Tasmania

### Memberships / Positions

- Royal Australasian College of Surgeons
- Australian Orthopaedic Association (AOA)
- Australian Medical Association (AMA)

## VSP Registration

Please contact your local Smith & Nephew representative.

## VSP Organisation

ANZ Professional Education  
ProfEd.ANZ@smith-nephew.com

### Smith & Nephew Education and Evidence

Learn more about our education and training opportunities

[www.smith-nephew.com/education](http://www.smith-nephew.com/education)

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